

# Do you have Medicare?

Receive VIP Care.

CareConnect services are currently available at:



www.valleyhealth.org | 📑 💟





# What is CareConnect?

The Valley Health CareConnect Chronic Care Management Program is one that provides individualized care to improve health and reduce spending for individuals with chronic conditions.

## Who Is Eligible for CareConnect?

Medicare patients with two or more chronic health conditions are eligible to participate in our program.

#### **Examples of Chronic Conditions**

- Alzheimer's disease and related dementia
- Arthritis (osteoarthritis and rheumatoid)
- Asthma
- Atrial fibrillation
- Autism spectrum disorders
- Cancer
- Chronic obstructive pulmonary disease (COPD)
- Depression
- Diabetes
- Heart failure
- Hypertension
- Ischemic heart disease
- Osteoporosis

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# Why Choose CareConnect?

Our goal is to make sure you get the best care possible. We can help coordinate your visits with other doctors, facilities, lab, radiology or other testing. We can talk to you on the phone about your symptoms, and can help you with the management of your medications. We will also provide you with a comprehensive care plan.

#### A comprehensive care plan includes:

- Problem list
- Expected outcome/prognosis
- Measurable treatment goals
- Symptom management
- Planned interventions
- Medication management
- Ordering of community/social services when needed
- A clear explanation of how services of agencies and specialists outside of Valley Health will be used
- Scheduled reviews and revisions of the care plan when needed

#### Who Provides CareConnect Services?

A nurse will be assigned to guide you through your care process. This same nurse will routinely contact you and be involved with all aspects of your health treatment.

#### Does My Insurance Cover CareConnect?

Medicare covers most costs associated with the Valley Health CareConnect Chronic Care Management program. Talk with your insurance company directly to find out what your copayment will be.



## ACCESS TO CARE

You always have access to your CareConnect nurse via phone or through our Patient Portal.