

**VALLEY HEALTH SYSTEMS, INC.  
VOLUNTARY NON-OPIOID ADVANCE DIRECTIVE**

Patient's Name: \_\_\_\_\_ DOB: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
                                Last        First        MI                                mm/dd/yyyy

Address: \_\_\_\_\_  
                                Street or Residential Address  
\_\_\_\_\_  
                                Street or Residential Address  
\_\_\_\_\_  
                                City                                State                                Zip Code

Name of Guardian or Medical Power of Attorney (if applicable):  
  
\_\_\_\_\_  
                                Last                First                MI

I, \_\_\_\_\_, ( patient  guardian  MPOA) certify I am refusing at my own insistence the offer or administration of any opioid medication including in an emergency situation where I am unable to speak for myself. I understand the risks and benefits of my refusal, and hereby release my health care provider(s), its administration and personnel, from any responsibility for all consequences which may result by my abstinence under these circumstances. I further certify my understanding that I may effectively revoke this certification at any time either orally or in writing.

\_\_\_\_\_  
Signature of Patient/Guardian/MPOA

\_\_\_\_\_  
Date

**SIGNATURE AND DATE (ALWAYS REQUIRED)**

I am a health care practitioner for the above named patient. I verify that the above named patient has a current and valid Voluntary Non-Opioid Directive (VNOD) issued and effective on  
\_\_\_\_\_.

\_\_\_\_\_  
Signature of Health Care Practitioner  
  
\_\_\_\_\_

Print Name of Health Care Practitioner

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Address of Health Care Practitioner

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Telephone Number of Health Care Practitioner